



General Volunteer Role Descriptions

Race Operations Volunteer Positions- Raymond Field

Raymond Field Site Support (Saturday &/or Sunday)

In this role, you will help with the overall functionality of our Youth Start and Finish Line.

This includes:

1. Race set up: Youth on Saturday & all other races on Sunday
1. Overall site set up and tear down
2. Water Station Restock & Tear Down (Sunday ONLY)
3. Presenting medals to participants:
 - A very exciting area to be - the finish line! You will work with a group of volunteers to set up our medal racks and fill them with medals for ease of access.
4. Other site support as needed

Raymond Field Site Set Up (Sunday ONLY)

In this role, you will help with the overall set up of our Start and Finish Line.

This includes:

- Water Station set up
- Start/ Finish set up

Youth Race Course Marshals

As a course Marshal, you will help make sure our youth don't stray too far from the flock.

Once the race starts, you will then assist with the Finish Line, congratulating participants and guiding them through the Finish area. This is a position you'll surely enjoy as you get to see the two most exciting parts of the race!



Course Marshals

These volunteers play a key role in keeping our participants headed in the right direction during the races. You will be assigned a location on course, and you will direct participants based on your course marshal instructions. An exciting role where you get to cheer participants on!

Bike Marshal

EXPERIENCED CYCLISTS NEEDED! We are looking for cyclists with a passion for helping our participants! A very exciting role where you will lead the race and paces within the race. You will need to be familiar with the course and help guide our participants to the finish line. Cyclists will need to have their own bike or be able to borrow one.

Pace Volunteers

EXPERIENCED RUNNERS NEEDED! You will focus on keeping a consistent pace and supporting participants throughout the race to the finish line while giving them a boost of motivation along the way. A pace lead will set the pace so participants can shut their brain off and stick with the pacer.

Are you an experienced and enthusiastic runner with a passion for motivating others to achieve their goals? This is the role for you!

Course Signage Set up

In this role, you will help set out our kilometer signs on the course for all our races happening on the next day (Sunday).



Participant Services Volunteer Positions- War Memorial Gym

Expo & Kit Pick Up Set Up

Help with the set up of Kit Pick Up and Expo at the War Memorial Gymnasium.

Bag Check

On race day, bag check volunteers will organize, collect, and store participant backpacks and other items during the race. The process will be as follows: you will make sure the bags are marked with the participant bib number. Upon pick up, participants will present their bib number to retrieve their items. This role requires a moderate amount of time standing up so be sure to wear comfy shoes! You'll need to be ready to be organized, work as a team, and pay attention to details!

Information Booth

You are key representatives of the Valley Harvest Marathon. You act as a host welcoming anyone attending the events of the Valley Harvest weekend and are located at the Information Booth at the War Memorial Gym.

You must be ready to answer any inquiry ranging from event start times, to parking options, to the location of the bag storage area. Having a good working knowledge of the event is a definite advantage for anyone filling this role. This job will test your communication skills, and attention to detail!

Nutrition Station

Join in the fun and help the participants replenish and celebrate their success. This job will involve setting up the post-race food centre, restocking the food and beverage area after each run, and helping with site management.

This role will test your work speed, teamwork, and attentiveness! Be a part of the post race action! This role involves congratulating and socializing with participants and helping with the set up and tear down of the area as required. Be ready to do some moderate lifting and wear something comfy on your feet.



Volunteer Centre

In this position, you will assist with helping volunteers, providing volunteer shirts and making sure our volunteers have what they need before they start their shift.

You would also be responsible for replenishing the food and beverages for volunteers as required and keeping the tent tidy and clean. Working here will improve your communication, organization, and cheeriness!

Expo & Gym Tear Down/Pack Up

The focus of this position will be post-race tear down and packing of supplies.

Be ready to do some moderate lifting and wear something comfy on your feet. You'll have to be ready to show your teamwork and attention to detail with this job!

Merchandise Booth

Do you have retail and customer service experience? The Valley Harvest Store is the place for you! This role plays a vital role in supporting our event. You will help with the setup, display, and selling of our Valley Harvest Swag. You will be responsible for organizing inventory, engaging with participants, volunteers and spectators, and ensuring a seamless shopping experience!

Gym Venue Support

You will help with the overall functionality of the Celebration Zone in the War Memorial Gymnasium. This is ideal for someone who loves being hands on and jumping in wherever is needed.

Kit Pick Up Volunteer Positions- War Memorial Gym

Kit Pick Up

Each registered participant receives a participant t-shirt and a bib with a timing chip which they will need on race day. Your role at Kit Pick Up is to cross-check the registration details and provide the appropriate race kit including a t-shirt to the participant. You'll need to be ready to communicate, and work as a team in this role!



This fast-paced role will require you to be on your feet for most of your shift, so make sure you wear comfortable shoes!

We have two locations:

- Zatzman Sportsplex
- Acadia War Memorial Gym

Pre Kit-Assembly- Zatzman Sportsplex, Dartmouth

In this role, you will help set up the kit pick up location for when our Valley Harvest Marathon participants come to pick up their race kits and bibs.

Along with having a lot of fun, you'll improve your teamwork and event execution skills. Be ready to do some moderate lifting and wear something comfy on your feet.

These tasks could range from moving carts, to carrying small parcels, organizing bibs, t-shirts, etc. If you are a team player who doesn't mind lending a hand where needed, this is the role for you!

Kit Pick Up Line Management

In this role, you will greet and direct participants to the appropriate line up for their kit(s). You will make kit pick up smooth and efficient.

Expo Support

The role allows you to engage with the thousands of visitors and exhibitors that join us at the Valley Harvest Marathon Expo.

Primarily, you will assist exhibitors with their move-in/tear down but will also carry out required tasks as needed by the Expo Director. These tasks could range from moving carts, to carrying small parcels, to interacting with expo attendees and everything in between. If you are a team player who doesn't mind lending a hand where needed, this is the role for you!